

CALIFORNIA'S HEALTH

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Motion Pictures and Slides on Public Health

This is the latest list of audio-visual material available for loan by the Bureau of Health Education, State Department of Public Health.

To borrow items from this list:

1. Place your request as far as possible in advance of the date on which films will be shown, specifying the exact date or dates. If possible specify alternate dates and titles in order of your preference.

2. Address your request to

BUREAU OF HEALTH EDUCATION
State Department of Public Health
760 Market Street, Room 521
San Francisco 2, California
(Telephone: UNDERhill 1-8700,
Extension 838, 839, or 832)

Loan Policies

Films and slides distributed by the California State Department of Public Health are lent without charge other than payment of return transportation, which should be by railway express or parcel post, special delivery. Borrowers are asked to report the number of showings and total attendance on a form enclosed with each shipment.

Never try to run a sound film on a silent projector. It will cause irreparable damage.

Films and slides listed for professional use are lent only to health agencies, professional societies, and to individuals engaged in the health and medical professions.

Other Sources of Films

Additional lists or catalogs of films which include titles on public health together with distribution policies can be obtained by writing directly to the agencies listed below.

American Cancer Society
California Division
467 O'Farrell Street
San Francisco 2

Association Films
(Formerly Y.M.C.A. Motion Picture Bureau)
351 Turk Street
San Francisco 2

British Information Services
310 Sansome Street
San Francisco 4

California Tuberculosis and Health Association
45 Second Street
San Francisco 5
(Before ordering, check with your local tuberculosis association)

California Society for Crippled Children
251 Kearny Street
San Francisco

California State Dental Association
450 Sutter Street
San Francisco 8

Commercial Film Lending Libraries
(See your telephone directory)

Educational Film Library Association, Inc.
Suite 1000, 1600 Broadway
New York 19, N. Y.

City and County Local Public Health Departments
Metropolitan Life Insurance Company
600 Stockton Street
San Francisco 8

National Foundation for Infantile Paralysis
Northern California Division:
486 California Street
San Francisco 4

Southern California Division:
1127 Wilshire Boulevard
Los Angeles 14

University of California Extension Service
Department of Visual Instruction
2441 Bancroft Way
Berkeley 4
or
Room 26, Administration Building
405 Hilgard Avenue
Los Angeles 24



16 Millimeter Sound Films

Brucellosis

BATTLING BRUCELLOSIS. 20 minutes. Color. Shows how brucellosis (Bang's disease) can infect and destroy a herd of cattle and what must be done in the battle against this disease; making and interpreting blood tests, destroying infected heifers, vaccinating calves, and disinfecting animals and grounds. Adapted for use in California by an explanatory trailer. Suitable for schools, 4-H clubs, granges and rural organizations.

Cancer

CHOOSE TO LIVE. 30 minutes. The hopeful story of a woman's victory over cancer.

THE DOCTOR SPEAKS HIS MIND. 20 minutes. 1948. A family physician stresses the importance of early diagnosis of cancer through periodic physical examinations.

TRAITOR WITHIN. Color. 11 minutes. 1947. Through animated sequences tells the story of cancer, cell growth and multiplication, spread through lymph nodes and possibilities of cure and control through the use of surgery, X-ray and radium.

YOU ARE THE SWITCHMAN. 15 minutes. Tells a story with two different endings, one showing the result of delay and ignorance, the other the splendid result that can be obtained through early treatment of cancer. Good for senior high school and adult audiences.

YOU, TIME AND CANCER. Color. 16 minutes. 1948. Tells the story of a man with cancer who delays in getting an examination and diagnosis. Stresses early action in fighting cancer.

Child Health

General

FOR HEALTH AND HAPPINESS. Color. 12 minutes. Importance of good health habits from infancy to college age. Sequence on healthful foods.

YOUR CHILDREN AND YOU. 31 minutes. An interesting natural picture of family life with the average problems of average parents. Shows child training methods that lead to happy normal relationships between children and parents. A British film. Good for older high school students as well as for parents.

Infant Care

BATHING TIME FOR BABY. Color. 13 minutes. A Walt Disney Productions film prepared under supervision of baby care experts to show mothers the complete technique of the table-tub bath. Advertises Johnson and Johnson products. Approved by the Children's Bureau.

CARE OF THE NEWBORN BABY. 30 minutes. The nurse's functions and duties in teaching parents the care of infants. Demonstrates how to hold, bathe, dress, and feed a baby. Scenes in prenatal clinic, hospital, and home. Particularly useful in nurse education. Accompanying filmstrip if desired.

CLOCKING A CHAMPION. Color. 10 minutes. A day in the life of a normal, health infant on by-the-clock routine in an average household. Approved methods of feeding and bathing demonstrated.

KNOW YOUR BABY. Color. 10 minutes. 1947. Illustrates practical and approved methods of care of the new baby. Parents are warned that the greater demand of the new child for attention may be resented by the older children unless care is taken to prevent the feeling of neglect. For parent groups and mothers' classes.

LIFE WITH BABY. 18 minutes. How children grow mentally and physically. Done under direction of Dr. Arnold Gesell at Yale University Clinic. Full of psychological and human interest. For older students and adults. A March of Time film.

WHY WON'T TOMMY EAT? Color. 17 minutes. 1948. Shows a young boy who has lost his appetite because of poor feeding habits during infancy. Weaning, introduction of solid foods, self-feeding and other methods are shown.

Prenatal Care

MOTHERHOOD—LIFE'S MOST IMPORTANT JOB. 10 minutes. Deals with prenatal care, diet, rest, clothing. Gives a good demonstration of a prenatal examination and stresses the importance of seeing physician early and regularly in pregnancy. Recommended for high school girls classes, prenatal classes, and any audience concerned with prenatal care.

mended for high school girls classes, prenatal classes, and any audience concerned with prenatal care.

School-age Child

LIFE WITH JUNIOR. 18 minutes. 1949. A March of Time production which shows and explains the activities of normal, healthy school-age youngsters before reaching their 'teens.

PLAY IS OUR BUSINESS. 20 minutes. Shows typical American children in an urban background, 5 to 12 years of age, of every race and creed, in supervised play activities after school in winter and all day in summer. Has been translated into 20 languages for world-wide distribution by the U. S. Department of State's Office of International Information and Cultural Affairs. For parents, teachers, community groups, social workers.

WHEN BOBBY GOES TO SCHOOL. 25 minutes. The health appraisal of the school child. Gives an excellent demonstration of a physician's examination of a child and stresses the need for periodic examinations of school-age children. Made for Mead Johnson Co. with the cooperation of the American College of Pediatrics. Especially for parents, but also good for physicians and teachers.

Dental Health

IT DOESN'T HURT. Color. 10 minutes. A dental health film especially for elementary school children. The story of a young boy who neglected his teeth. Results of improper care of the teeth and instructions in correct methods of oral hygiene.

IT'S YOUR HEALTH. 18 minutes. 1949. Explains the importance of dental health and how dental disease can be controlled. The family dentist discusses with a group of young children mouth hygiene, dental care, and the importance of nutrition in protecting dental health. Produced by the Southern California State Dental Association.

OUR TEETH. 15 minutes. The growth, structure, and functions of four tooth types explained by animated diagrams.

THE STUDENT FLYER. 20 minutes. Depicts story of high school student "washed out" in flight training because of visual acuity below par due to dental abscess. Stresses necessity of early and regular attention by dentist, balanced diet, proper hygiene.

Diabetes

THE STORY OF WENDY HILL. Color. 20 minutes. 1949. Tells about one of the countless number of people who are termed the "unknown diabetics." Those are people whose lives can be affected seriously by severe complications of the disease if early detection and proper treatment are neglected.

Eyes

EYES AND THEIR CARE. 10 minutes. Treats in detail the physiology and hygiene of the eye. Animated drawings clarify structure and function. For junior and senior high school students, college students, and adults.

EYES FOR TOMORROW. 22 minutes. 1944. Stresses general good health as a prerequisite for good eyesight. Deals with the importance of prenatal care, conservation of vision among school children, necessity for regular eye examinations, eye hazards in industry. Very general. Suitable for senior high school, junior college, teachers, parents, and other adult groups.

YOUR RICHEST GIFT. 10 minutes. Color. Discusses eye protection in industry.

First Aid

HELP WANTED. 30 minutes. A demonstration of first aid methods.

General Science

EXPLORING WITH X-RAYS. 40 minutes. To show the general public the wide scope and use of X-rays and the history of their development. A General Electric film approved by American College of Radiology. Good for high school and adult audiences.

PASTEUR'S LEGACY. 24 minutes. A general survey of Pasteur's contributions to science and their later developments and applications. Especially good for high school and junior college science students, but interesting enough to convince other students of the importance and desirability of scientific techniques.

Group Work

PUBLIC OPINION. 11 minutes. 1946. Shows the nature and development of public opinion, the factors influencing it and methods for measuring it. Illustrates public opinion in action in a community.

Hospitals

YOU'RE THE DOCTOR. 20 minutes. 1948. Describes "behind the scenes" activity in a hospital including services and staff activity necessary to provide good patient care.

Hearing

FUNDAMENTALS OF ACOUSTICS. 10 minutes. Velocity of sound, refraction, range of hearing, lowering intensity, attenuation in air, eliminating high and low frequencies, reverberation, and focusing of sound are explained or demonstrated. Good for high school and college use.

HOW THE EAR FUNCTIONS. 11 minutes. A good presentation of the ear structure and the working of its mechanism by use of animated diagrams. Suitable for use from junior high through college levels.

THE RIGHT TO HEAR. 31 minutes. 1943. Techniques of group and individual hearing tests, medical follow-up procedures, and educational readjustments are shown. Dramatizes the need for organized programs of conservation of hearing. Especially for parents, teachers, and community groups.

YOUR CHILDREN'S EARS. 15 minutes. The physiology of the ear is explained in detail by animated diagrams. An excellent British film. Suitable for high school and adult audiences.

YOUR EARS. 10 minutes. Explains and illustrates the structure and function of the ear and its component parts.

Home Nursing

BATHING THE PATIENT (Home Care). 24 minutes. Shows preparation of the equipment, how to bathe the arms, legs, and body; how to give a back massage and alcohol rub; and how to brush the patient's teeth and shave him.

Immunization

DEFEAT DIPHTHERIA. 11 minutes. A plea for immunization. The pathology and symptoms of the disease are shown. The Schick test and the use of toxoid are explained. Although dealing with conditions in England, this film is suitable for professional and lay groups in the United States.

DEFENSE AGAINST INVASION. Color. 12 minutes. A doctor explains vaccination to a group of children. Through animation and actual photography the human body is shown unprotected by vaccination; and simple process of vaccination is demonstrated; the body is then shown protected. A Walt Disney Productions film.

IMMUNIZATION. 10 minutes. Presents material on which to base an understanding of immunization and its use in prevention of many infectious diseases. For junior and senior high school students.

PASSPORT TO HEALTH. 20 minutes. Dramatic presentation of the dangerous after-effects and the high death rate of many childhood diseases. Inherent appeal to parents to seek protective services for their children.

Industrial Health

CAPITOL STORY. 20 minutes. Shows investigation of industrial health hazard, laboratory studies involved, and procedures recommended for elimination of hazard. Produced by Industrial Hygiene Division, United States Public Health Service.

SAVE A DAY. 15 minutes. A presentation of general industrial health problems showing the work of a state bureau and the United States Public Health Service.

Malaria

WINGED SCOURGE. Color. 15 minutes. The cause and prevention of malaria. A Walt Disney Productions film.

Mental Health

EMERGENCE OF PERSONALITY. 30 minutes. 1949. A combined version of the films *Baby Meets His Parents*, *Helping the Child to Face the Don'ts* and *Helping the Child to Accept the Do's*.

Explains how the developing personality of a child is influenced by the manner in which his parents provide for his basic needs and prepare him for social living. For adult study and discussion groups.

EMOTIONAL HEALTH. 21 minutes. 1948. This film has three primary objectives: (1) to convince young people that emotional upsets are common; (2) to show that if disturbance is prolonged professional counsel and care is as important and normal as with physical illness; and (3) to explain simply some of the basic techniques of psychiatric treatment. For high school and college students, parents, nurses, teachers and other interested adult groups.

LEARNING TO UNDERSTAND CHILDREN. 44 minutes. 1947. This title contains two reels: *The Diagnostic Approach* and *A Remedial Program*. Presents a case study of an emotionally and socially maladjusted girl whose teacher studies her case sympathetically, discovers the causative factors and develops a plan for remedial action.

PROBLEM CHILD. 20 minutes. Pediatrician and parents discuss the behavior of normal children and related problems. Produced by the American Academy of Pediatrics and made available by Pet Milk Sales Co.

PROBLEM CHILDREN. 20 minutes. 1947. Shows how home, school and play relations affect personality development of two "problem children," one shy, the other aggressive. For pre-service and inservice teacher education, parent groups if accompanied by discussion or used as part of a study course.

PROBLEM DRINKERS. 19 minutes. 1947. Tells what has been done to date to control alcoholism and have it recognized as a disease by such organizations as Alcoholics Anonymous, the Research Council on Problems of Alcohol, and the laboratories of the Yale School of Alcohol Studies. The film takes you step by step through an alcoholic's downfall and his rehabilitation. Suitable for high school and college use and almost any adult groups.

Nutrition

FUN IN FOOD. Color. 15 minutes. Food constituents, how they fulfill the requirements of the body, and the foods that supply them.

PLANNING FOR GOOD EATING. 11 minutes. Color. From the "Health for the Americas" series of animated films. Explains in a simple manner the importance of good nutrition.

STANLEY TAKES A TRIP. Color. 10 minutes. 1947. The story of a balanced diet is told in cartoon story form for children.

THE SCHOOL THAT LEARNED TO EAT. Color. 22 minutes. 1948. Describes development of an improved school lunch program. The portrayal of faculty meetings, community meeting of parents and teachers, and a survey of the nutritional habits of children explain the participation and progress of this school-community program.

WHAT MAKES US GROW. 11 minutes. Child nutrition film showing proper foods and necessity for eating them. Rat experiments show vitamin deficiencies. For children or parents.

WHENEVER YOU EAT. Color. 12 minutes. 1948. Stresses the importance of proper selection and consumption of foods in relationship to physical well-being.

Personal Hygiene

BODY CARE AND GROOMING. 17 minutes. 1948. Shows that good grooming starts with personal care, describes some recommended daily habits, and helps the student to understand the reasons for these recommended measures. Emphasis on social advantages of a clean, healthy appearance. Good for high school and college students.

Posture

THE WALKING MACHINE. 20 minutes. 1949. Explains the principles involved in foot care, proper selection of shoes, habits of healthful walking and posture.

Physiology

BODY FIGHTS BACTERIA. 15 minutes. 1948. Another of the McGraw-Hill text film series. This is the story of the body's defenses against disease. The film describes the various counter-balances which mankind uses in combating bacterial invaders. Protective functions of various parts of the human system are

illustrated by animated diagrams and simple explanation. An accompanying film strip is provided.

NOSE, THROAT AND EARS. 10 minutes. 1948. In this McGraw-Hill text film animated drawings are used extensively to describe the nose, throat and ears, so that the student may clearly see their structure and function. An accompanying film strip is provided.

Public Health Services

YOUR HEALTH DEPARTMENT. 30 minutes. The services of a local public health department.

YOUR HEALTH DEPARTMENT IN ACTION. 20 minutes. A recent film on the activities and services of a local health department. Suitable for community groups, high school and college students.

YOUR PUBLIC HEALTH NURSE. 12 minutes. The work of the public health nurse and her importance in the public health program.

Professional Training

JOURNEY INTO MEDICINE. 39 minutes. 1947. Traces the career of a young man through medical school, internship and school of public health as he searches for his proper place in his profession. Emphasis is on preventive medicine.

THIS WAY TO NURSING. 20 minutes. 1948. Describes the activities of a student nurse following entrance into an accredited school of nursing. Practical and theoretical aspects of instruction are covered. An excellent recruitment film to stimulate interest in the profession of nursing.

Rabies

STORY OF LOUIS PASTEUR. 18 minutes. A specially prepared excerpt from the Warner Bros. film starring Paul Muni. It deals with Pasteur's struggle for instituting his rabies immunization treatment and his final vindication.

Rheumatic Fever

WE SEE THEM THROUGH. 20 minutes. Describes a community program for the care of rheumatic fever patients. Points out the need for adequate facilities.

Safety

SAFE SWIMMING. Color. 10 minutes. 1947. This film is an appeal for swimming in supervised places. Health information is combined with a demonstration of safe swimming practices such as proper breathing and protection for the ears and nose. Contrast between bacterially safe water in the well-managed supervised places and that in unsupervised areas is shown. Simple safety and health advice for swimmers. Especially good for school use but will interest adult groups.

SAFETY BEGINS AT HOME. 10 minutes. 1946. A film on safety for elementary school children. Points out the correct way to use a jackknife, how to use a stepladder, why stairs must be well lighted, why tools must be put away and how to avoid other common home hazards. However, many common ones are omitted.

SAFETY FOR WELDERS. 16 minutes. 1944. Designed to teach navy yard workers the danger in not wearing safety shoes, helmet, goggles, etc. Stresses safety rules such as traffic rules, lifting, suspension of ladders, welding precautions, etc.

Sanitation

A DISHWASHER NAMED RED. Color. 15 minutes. "Red" demonstrates clearly two correct methods of hand dishwashing in a restaurant. Good for food handlers' training courses.

CLEAN WATERS. Color. 25 minutes. Shows adequate sewage treatment safeguarding public health, preserving game and wildlife, and preventing economic loss; also series of appealing pictures of streams, lakes, and coastal waters in their natural beauty. Processing in modern sewage treatment plants to prevent water pollution shown by animated diagrams. By General Electric, United States Public Health Service cooperating. 1946.

DISHWASHING DIVIDENDS. Color. 19 minutes. A practical treatment of modern commercial dishwashing equipment and methods. Animated sequences give details of operation.

ENVIRONMENTAL SANITATION. Color. 10 minutes. Shows that where many people are crowded together in cities constant

vigilance must be exercised to protect their health and lives. Done for the Institute of Inter-American Affairs by Walt Disney Productions.

The Spanish language version is also available.

HASH SLINGIN' TO FOOD HANDLING. Color. 24 minutes. A clear, graphic presentation of correct restaurant sanitation methods. Excellent for food handlers' training courses.

HEALTH AND THE CYCLE OF WATER. 25 minutes. The problem of stream pollution, sewage treatment, and water purification.

KEEP 'EM OUT. 10 minutes. How rats spoil food, destroy buildings, spread disease. How rats can be controlled by poison, trapping, and construction of rodent-proof buildings.

MEATS WITH APPROVAL. 17 minutes. Shows every step in federal meat inspection from examination of live animals in the stockyard through the slaughterhouse to the final processing. For junior and senior high school and adult audiences.

OUR FILTH COLUMNIST—THE RAT. Color. 20 minutes. Damage by rats, and control methods. Photography excellent. Originally produced by Honolulu Chamber of Commerce; revised by Los Angeles County Health Department.

SENTINELS OF MILK. Color. 20 minutes. A step-by-step presentation of the production, processing, and distribution of milk under the most modern and sanitary conditions. Emphasis on the part of the dairy farmer. For adult groups in rural areas and for junior and senior high school use anywhere.

TWIXT THE CUP AND THE LIP. 20 minutes. Good restaurant sanitation demonstrated. The spread of disease through poor sanitation.

THE HOUSE FLY. 12 minutes. The life history and habits of the house fly, its part in the spread of disease, and necessity for good sanitation.

WATER, FRIEND, OR ENEMY. Color. 10 minutes. Safe and unsafe water supplies in rural areas. Sinking of wells, seepage problems, dangers and sources of contamination are described. Illustrates methods of safeguarding spring and well water. A Walt Disney Production film.

School Health

SCHOOL DAYS IN THE COUNTY. 15 minutes. Rural school sanitation and health services.

Sex Education

HUMAN GROWTH. 20 minutes. Color. 1948. Produced by the E. C. Brown Trust in collaboration with the University of Oregon, this film is suitable for school classes in life science, health, homemaking and related courses in grades 8 to 9. It can also be used in college courses, particularly in teacher training, and for adult classes in family life education, mental and social hygiene. In addition to presenting the basic facts concerning human growth, the film attempts to create an instructional atmosphere that permits the facts of human sex to be discussed without embarrassment or tension. A mimeographed *Film Guide for Teachers and Discussion Leaders* as well as accompanying slides are provided with the film.

HUMAN REPRODUCTION. 23 minutes. 1948. A factual film on the human reproductive systems and on the process of normal birth. Shows clearly by use of models and animated drawings anatomy, embryology, and the body mechanics of the delivery process. Stresses the biological normalcy of reproduction and emphasizes the importance of clear, objective familiarity with these facts. Suitable for high school, college, and all adult groups.

IN THE BEGINNING. 15 minutes. Reproduction explained through use of photomicrography and diagrams. Particularly suited to high school teaching.

THE STORY OF MENSTRUATION. Color. 15 minutes. Made for the International Cellulose Products Co. by Walt Disney Productions. Excellent use of animated diagrams to show the menstruation process. Recommended for showing separately to boys as well as to girls of junior high school age. Accompanying pamphlet for distribution to girls. Please indicate number needed when requesting film.

Venereal Diseases

FEELING ALL RIGHT. 35 minutes. 1949. Through excellent photography and an all-Negro cast the VD problem in a rural southern area is portrayed vividly and dramatically.

FIGHT SYPHILIS. 10 minutes. The nature of syphilis, the transmission, diagnosis, and importance of adequate medical treatment. Suitable for showing to mixed groups.

FOR YOUR INFORMATION. Color. 20 minutes. An excellent film for women and girls. Produced by Royal Canadian Air Forces for women personnel. Explanation by medical officer is combined with animated diagrams of symptoms and parts of body involved.

KNOW FOR SURE. 20 minutes. A Hollywood made film for the cause, spread, prevention, and care of syphilis with a sequence on prophylaxis. Primarily for male audiences.

KNOW FOR SURE (Revised Version). 15 minutes. The same as *Know For Sure* with the sequence on prophylaxis deleted. Suitable for showing before mixed groups, either adult or youth.

MAGIC BULLETS. 30 minutes. This dramatic film depicts the discovery by Dr. Paul Ehrlich of a cure for syphilis after years of painstaking work in his experiments with arsenic. Condensed from Warner Brothers' 11-reel feature film starring Edward G. Robinson.

MESSAGE TO WOMEN. Color. 20 minutes. For girls and women. Doctor explains VD problems to leadership group of women. Information presented with animated diagrams and positive appeal for strengthening wholesome influences in community life. 1946.

SIXTEEN TO TWENTY-SIX. Color. 18 minutes. For girls and women. The essential facts about symptoms, treatment, and transmission of syphilis and gonorrhea are presented in the form of an informal talk by a doctor. Excellent use of animated diagrams. 1947.

THE BIG FIGHT. 4 minutes. 1949. This sports short stars Joe Louis and contains primarily sequences of him in the boxing ring. He makes a plea at the end for physical fitness and avoidance of VD.

VERY DANGEROUS. Color. 18 minutes. For male audiences only. Deals with symptoms, treatment, and transmission of syphilis and gonorrhea. Excellent use of animated diagrams. 1947.

WITH THESE WEAPONS. 15 minutes. Cause, spread, cure, control of syphilis.

16 Millimeter Silent Films

Child Health

THE ROAD TO HEALTH AND HAPPINESS. 15 minutes. Dental health, nutrition, and emotional health of children.

Nutrition

FOOD AND GROWTH. 15 minutes. A classroom feeding experiment with white rats demonstrating the food value of milk as compared with coffee and candy.

Rocky Mountain Spotted Fever

ROCKY MOUNTAIN SPOTTED FEVER VACCINE. Color. 10 minutes. Shows nature of the disease, life cycle of the tick, and preparation of vaccine at the United States Public Health Service laboratory at Hamilton, Montana.

Sanitation

EATING OUT. 22 minutes. Demonstrates both correct and incorrect methods of food handling and restaurant sanitation.

35 Millimeter Sound Films

The following 35 millimeter sound films are available (See 16 mm. section for descriptions).

Feeling All Right (Venereal disease)

The Big Fight (Venereal disease)

35 Millimeter Sound Slide Films

NOTE: A 35-millimeter film strip projector is needed for the projection of slide films (also called film strips), and a record player with a turntable

revolving at 33 $\frac{1}{3}$ revolutions per minute is needed for the 16-inch record which provides the sound. This equipment is often available through local departments of education and some insurance companies.

First Aid

COMMON EMERGENCIES. Fifty-nine frames. Covers first aid treatment for appendicitis, choking, diarrhea, earache, toothache, common cold, sunburn, poison oak, insect bites, and fainting.

MINOR INJURIES. Sixty-five frames. Covers first aid treatment for strains, sprains, spiders, dislocations, bruises, frostbites, and foreign bodies in the eye, ear, nose, and throat.

Sanitation

OUR HEALTH IN YOUR HANDS. Series of four slide films on restaurant sanitation. 15 minutes each. Useful in education programs for restaurant managers and employees.

GERMS TAKE POT LUCK. Spread of disease and the responsibility of restaurant workers in preventing that spread.

IN HOT WATER. Dishwashing, manual and machine.

SAFE FOOD FOR GOOD HEALTH. Sanitary principles in food preparation; proper refrigeration and storage of food.

SERVICE WITH A SMILE. Correct service practices and personal hygiene for restaurant workers.

School Health

TEACHER OBSERVATIONS OF SCHOOL CHILDREN. Color. 15 minutes. Demonstrates important role of classroom teacher in recognizing deviation of children from normal physical and mental health. Suitable for teachers, administrators, school nurses, and parents. Also available from MLI.

35 Millimeter Silent Slide Films

Note: Only a 35-millimeter film strip projector is needed for showing these.

Dairying

THE PRODUCTION OF CLEAN MILK. Forty-two frames. Procedures to insure clean milk.

Infant Care

CARE OF THE NEWBORN BABY. Made to accompany film, *Care of the Newborn Baby*. Can be used separately. Shows nurses' functions and duties in teaching parents how to care for newborn babies.

Nutrition

FOOD MAKES A DIFFERENCE. Seventy frames. Effects of malnutrition in animals and human beings.

Safety

OFFICE HAZARDS. Sixty-five frames. Shows precautions against common office dangers.

GOOD HOUSEKEEPING. Forty-eight frames. Emphasizes the need for keeping industrial plants neat and clean.

HANDLING OF MATERIALS. Fifty-one frames. Proper methods of handling materials in industry are shown, including lifting of heavy objects.

MOTOR VEHICLE OPERATION. Seventy-four frames. Illustrates proper operation of heavy motor vehicles, but the same principles apply to automobiles.

Sex Education

BIRTH ATLAS. Fifteen frames. Photographs of the famous Dickinson-Helskie sculptures showing the successive stages of the development of the human embryo and of the birth process. Made by the Maternity Center Association.

PROFESSIONAL SECTION

The visual aids listed here are for showings either to medical and nursing students and personnel or, when designated, to other groups by a physician, nurse or other qualified person.

16 Millimeter Sound Films

Cancer

CANCER—THE PROBLEM OF EARLY DIAGNOSIS. Color. 30 minutes. 1949. Begins with Dr. Theodor Billroth's famous operation for gastric cancer in 1881, then portrays graphically the difference made today by early diagnosis of cancer of the stomach, breast, rectum, cervix and lung. Family doctors are shown making examinations and surgeons performing operations. The theme is early suspicion, accurate diagnosis and effective treatment.

PRECANCER DIAGNOSIS OF THE CERVIX BY CYTOLOGY. Color. 30 minutes. 1948. A demonstration of a refinement of the Papanicolaou-Traut technique for cytological diagnosis of cancer of the cervix. Made by collaboration of McGill University staff with J. Ernest Ayre, M.D., Director, Gynecology Laboratories, Royal Victoria Hospital, Canada. Contains some controversial material. Excellent photography and narration. For the medical and nursing professions, pathologists and laboratory personnel only.

THE DIAGNOSIS OF BREAST CANCER. Color. 20 minutes. 1948. Explains and demonstrates recommended procedures and techniques in the detection of breast cancer. Produced jointly by the Cancer Commission of the California Medical Association and the California State Department of Public Health.

WHAT IS CANCER? Color. 25 minutes. 1949. Describes the overall problem of cancer including biological, statistical and therapeutic aspects. Prepared specifically for the nursing profession.

Dental Health

DENTAL AMALGAM FAILURE DUE TO MOISTURE CONTAMINATION. Color. 15 minutes. Explains and demonstrates proper technique in manipulation and placement of amalgams.

SILICATE CEMENT. Color. 15 minutes. Explains and demonstrates proper technique in manipulation and placement of silicate cement.

Mental Health

COUNSELING—ITS TOOLS AND TECHNIQUES. 22 minutes. 1948. A well trained counselor at work shows what tools and techniques are used in counseling and how to use them to the best advantage.

FEELING OF HOSTILITY. 31 minutes. 1948. The case history of a girl who, lacking affection and understanding at home, attempts to substitute achievement—often obtained at the expense of others. Impresses on parents and teachers the need of attempting to understand children. (To be used only when a qualified person is present to conduct the discussion. Same applies to *Feeling of Rejection and Over-Dependency*.)

FEELING OF REJECTION. 23 minutes. 1947. The case history of a young woman who learned in childhood not to risk disapproval by taking independent action. Shows the harmful effects of her inability to engage in normal competition and analyzes the causes of her trouble. While made for showing to patients under treatment it serves as a much needed introduction to discussion of the function of the psychiatrist and the guidance clinic in the community. Useful for parent-teacher education and in the instruction of social workers, nurses, and medical students.

OVER-DEPENDENCY. 32 minutes. 1939. Tells the story of a young man, a commercial artist, whose inability to make his own decisions and stand on his own feet hampers him from going ahead in the type of work he likes and does well. Shows how the young man with the aid of psychiatric treatments "grows up" mentally and establishes himself in his proper place in his family and the community.

Physical Therapy

A NEW HORIZON. 20 minutes. 1947. A technical film on physical therapy restricted to use by medical and nursing groups. Good exposition of physical therapy in general; not limited to the treatment of poliomyelitis.

Premature Infant Care

STARTING LINE. 20 minutes. Describes facilities and service for care of premature infants in Illinois. Primarily of interest to professional personnel, but content not entirely technical.

Tuberculosis

ROUTINE ADMISSION CHEST X-RAY IN GENERAL HOSPITALS. 20 minutes. Procedures in routine miniature film chest X-ray services for all patients admitted to hospital or clinic, and the benefits of this service. Includes details such as arrangement of X-ray unit, record keeping, and film processing. Suitable for technical or administrative personnel. 1946.

TECHNIQUES OF GROUP CHEST X-RAY SERVICES. 20 minutes. Responsibilities of community health leaders in mass radiography project and all activities and techniques of project in operation, with emphasis on importance of organization, planning, and teamwork. 1946.

16 Millimeter Silent Films

Dentistry

TOPICAL FLUORIDES. Color. 10 minutes. Techniques demonstrated in topical application of fluorides.

Slides

(2" x 2" Kodachrome Transparencies)

Descriptive keys supplied with each series.

Communicable Diseases

CARE OF COMMUNICABLE DISEASE PATIENT. Fifty-eight slides. Useful in training courses for nurses and nurses' aides. Preparation for bath and morning care; disposal of food; care of dishes; disinfection procedures.

COMMUNICABLE DISEASE GOWN TECHNIQUE. Forty-five slides. Also useful in training courses. Gown and scrub technique and removal of gown are shown in detail stages.

Heart Disease

HEART DISEASE SLIDES. Twenty slides, 2" x 2". Prepared by the Metropolitan Life Insurance Company. Charts and graphs illustrate most aspects of the heart disease problem.

Sanitation

FOOD SANITATION. One hundred slides. Suitable for restaurant sanitation classes and civic groups. Slides on food storage and equipment; cause and prevention of food poisoning; dishwashing; rodent control.

Tropical Medicine

TROPICAL DISEASES. Seventy-five slides. For professional use. Specific, technical phases of various tropical diseases are included in series. Several slides on malaria. Photomicrography used extensively. Accompanied by a syllabus prepared by Dr. Herbert G. Johnstone, assistant professor of bacteriology, University of California Medical School.

Venereal Disease

THE LESIONS OF SYPHILIS. 1949. 100 slides in color. Illustrates the clinical manifestations of syphilis. Suitable to illustrate lectures to medical societies, clinical staff and medical schools (Replaces the *Hot Springs Clinic Series*)

Two U. C. Institutes Attended by 102 Nurses

Over one hundred nurses attended two institutes held at the University of California this summer under sponsorship of the university and the State Department of Public Health.

The Maternity Nursing Institute was attended by 46 nurses, most of whom represented local health departments and hospitals.

Topics for discussion were: Good maternity care during and after pregnancy; labor and delivery; rooming-in procedures; and relaxation techniques.

Miss Kate Hyder, Associate Professor of Obstetric and Gynecologic Nursing at Yale University School of Medicine, was the institute leader. She was assisted by Miss Almira Kutzer of the Bureau of Public Health Nursing, California Department of Public Health.

The Institute on Mental Hygiene in Nursing was attended by 56 nurses, the majority of whom came from local health departments and boards of education.

Miss Eleanor Lewis, Lecturer in Advanced Psychiatric Nursing, U. C. School of Nursing, was the institute leader. Mrs. Bess Littman of the State Department of Public Health also served on the faculty.

Daily discussions and lectures were held on many of the principles of mental hygiene and their application to the work of the nurse.

Examination Announcements

These examinations in public health fields have recently been scheduled by the State Personnel Board:

| | Final filing date | Examination date |
|-----------------------------|-------------------|------------------|
| Public Health | | |
| Dental Officer | September 29 | October 20 |
| Bacteriologist | October 6 | October 27 |
| Associate Sanitary Engineer | October 15 | November 5 |
| Assistant Sanitary Engineer | October 15 | November 5 |

Information and application forms are available from local offices of the State Department of Public Health and the headquarters of the State Personnel Board, 1015 L Street, Sacramento.

In-service Program on V. D.

With the help of the Venereal Disease Service, State Department of Public Health, the Marin County Health Department has recently held an in-service training program on venereal disease control.

The program consisted of five conferences on different aspects of the subject. Discussed at the meetings were records and statistics, treatment and follow-up of patients, methods of management of venereal disease clinics, and the techniques of interviewing.

California Population Estimate as of July 1, 1948

The Federal Bureau of the Census in its release P-25, No. 26 has issued revised estimates of state populations as of July 1, 1948. These estimates supersede the estimates in release P-25, No. 14 of 10,031,000 total population excluding armed forces overseas and 9,894,000 civilian population.

The revised estimates of the United States and for California with increases since the census of April 1, 1940 are:

| Total population excluding armed forces overseas | United States | California |
|--|---------------|--------------|
| July 1, 1948 | 146,113,000 | 10,354,000 |
| April 1, 1940 (census) | 131,669,275 | 6,907,387 |
| Percent increase, 1940 to 1948 | 11 percent | 49.9 percent |
| Civilian population | United States | California |
| July 1, 1948 | 145,290,000 | 10,217,000 |
| April 1, 1940 | 131,401,985 | 6,857,370 |
| Percent increase, 1940-1948 | 10.6 | 49.0 |

For California the change in civilian population from April 1, 1940 to July 1, 1948 of 3,360,000 * is made up of:

| | |
|-------------------------------------|-----------|
| Net increase in civilian population | 3,360,000 |
| Natural increase | 767,000 |
| Births | 1,509,000 |
| Deaths | 742,000 |
| Net in-migration | 2,675,000 |
| Net loss to armed forces | 83,000 |

New Controls on Horsemeat Sales

The sale of horse, mule or burro meat in California has come under control of the State Department of Public Health by the terms of Assembly Bill 2080 which was passed by the 1949 Legislature.

The bill requires that horsemeat for human consumption be inspected and stipulates that every restaurant or other place offering it for human consumption make this fact known by stamping in green ink on all menus the words "Horse meat Served Here." The bill also makes mandatory the prominent display of a placard bearing the same wording in all food establishments serving horsemeat.

Eureka Bond Issue Passes

The City of Eureka in Humboldt County recently voted a \$3,200,000 bond issue for waterworks improvements, which includes a filter plant and new sewer interception system and sewage treatment works.

Eureka is one of the few remaining large California communities still discharging raw sewage into state waters.

* Estimates are rounded to the nearest thousand without being adjusted to group totals, which are independently rounded. Derived figures are based on the unrounded absolute numbers.

Dr. Chesley Bush Named Acting C. T. H. A. Executive Secretary

Dr. Chesley Bush, Superintendent and Medical Director of Arroyo del Valle Sanatorium since 1919, has been named Acting Executive Secretary of the California Tuberculosis and Health Association. The announcement was made by Dr. Edward W. Haynes, President of the association, following a meeting of the Board of Directors in Los Angeles on July 23d.

A native of San Francisco, Dr. Bush is a graduate of the University of California Medical School. He is a past president of both the National Tuberculosis Association and the California Tuberculosis and Health Association, and has been consultant in tuberculosis to Alameda County hospitals since 1925.

Personnel Notes

Mr. Gordon R. Cumming has been appointed Chief and Mr. John R. Derry, Assistant Chief of the State Department of Public Health's Bureau of Hospitals.

Both were promoted from other positions on the bureau staff.

Miss Bernice Hotchkiss joined the staff of the Bureau of Public Health Nursing during August as General Hospital Nursing Consultant. She will work with the Bureau of Hospitals and will be available for consultation service in hospitals throughout the State.

Miss Hotchkiss received her M.A. degree from Teachers College, Columbia University, in June.

Miss Norma Whiteside is also a new nursing staff member. She will be Venereal Disease Consultant, relieving Miss Louise Erickson who is taking educational leave.

Miss Whiteside received her M. P. H. from Columbia University last year. She has worked as a staff nurse in Riverside and Imperial Counties and as director of nursing in the Sutter-Yuba Health Department.

S. F. Heart Disease Symposium

The Twentieth Annual Postgraduate symposium on Heart Disease will be held at the St. Francis Hotel in San Francisco on October 12, 13, 14 and 15 under the sponsorship of the Heart Division of the San Francisco Tuberculosis Association.

Three distinguished guest speakers will be Dr. William Dock, Professor of Medicine, Long Island College of Medicine, Brooklyn, New York; Dr. Myron Prinzmetal, Senior Attending Physician and Director of Beaumont Laboratory for Cardio-vascular Disease, Cedars of Lebanon Hospital, Los Angeles, and Dr. Arnold R. Rich, Professor of Pathology at Johns Hopkins University School of Medicine.

California Morbidity Reports Selected Diseases—Civilian Cases

Total Cases for July and Total Cases for January Through July, 1949, 1948, 1947 and 5-Year Median (1944-1948)

| Selected diseases | Current month | | | | Cumulative | | | |
|--|---------------|-------|-------|------------------------|----------------------|--------|--------|------------------------|
| | July | | | | January through July | | | |
| | 1949 | 1948 | 1947 | 5-yr. median 1944-1948 | 1949 | 1948 | 1947 | 5-yr. median 1944-1948 |
| Chickenpox (varicella)..... | 931 | 950 | 1,152 | 1,098 | 38,271 | 34,471 | 31,401 | 34,600 |
| Coccidioid granuloma..... | 4 | 9 | 1 | ----- | 49 | 39 | 37 | ----- |
| Conjunctivitis—acute infectious of the newborn (ophthalmia neonatorum)..... | ----- | 3 | 5 | ----- | 6 | 11 | 18 | ----- |
| Diphtheria..... | 32 | 24 | 51 | 59 | 273 | 312 | 519 | 600 |
| Dysentery, bacillary..... | 47 | 32 | 9 | ----- | 211 | 194 | 67 | ----- |
| Encephalitis, infectious..... | 2 | 6 | 19 | 19 | 23 | 25 | 48 | ----- |
| Epilepsy..... | 178 | 154 | 153 | ----- | 1,320 | 1,182 | 999 | ----- |
| Food poisoning..... | 14 | 17 | 281 | ----- | 343 | 282 | 519 | ----- |
| German measles (rubella)..... | 212 | 118 | 170 | ----- | 17,090 | 2,920 | 1,683 | ----- |
| Influenza, epidemic..... | 8 | 23 | 22 | 27 | 651 | 14,531 | 714 | ----- |
| Jaundice, infectious..... | 8 | 5 | 8 | ----- | 375 | 49 | 76 | ----- |
| Malaria..... | 1 | 6 | 7 | 7 | 14 | 32 | 61 | ----- |
| Measles (rubeola)..... | 869 | 2,471 | 457 | 1,650 | 40,613 | 61,101 | 5,616 | 60,000 |
| Meningitis, meningococcal..... | 10 | 15 | 18 | 37 | 180 | 232 | 192 | ----- |
| Mumps (parotitis)..... | 1,573 | 1,678 | 948 | 1,164 | 31,339 | 24,508 | 13,168 | 24,000 |
| Pneumonia, infectious..... | 76 | 76 | 100 | 185 | 1,101 | 1,197 | 1,243 | 1,000 |
| Poliomyelitis, acute..... | ----- | ----- | ----- | ----- | ----- | ----- | ----- | ----- |
| anterior..... | 317 | 672 | 114 | 114 | 840 | 1,020 | 464 | ----- |
| Rabies, animal..... | 5 | 15 | 17 | 38 | 115 | 196 | 189 | ----- |
| Rheumatic fever..... | 62 | 39 | 62 | ----- | 394 | 485 | 547 | ----- |
| Scarlet fever..... | 100 | 158 | 209 | 321 | 2,395 | 2,481 | 3,553 | ----- |
| Streptococcal sore throat..... | 17 | 19 | 28 | ----- | 397 | 358 | 355 | ----- |
| Smallpox (variola)..... | ----- | ----- | ----- | ----- | ----- | ----- | 2 | ----- |
| Tuberculosis:..... | ----- | ----- | ----- | ----- | ----- | ----- | ----- | ----- |
| Pulmonary..... | 609 | 617 | 892 | 617 | 5,054 | 4,848 | 5,534 | 4,000 |
| Other forms..... | 44 | 42 | 52 | 42 | 307 | 324 | 363 | ----- |
| Typhoid fever..... | 8 | 16 | 19 | 16 | 55 | 95 | 86 | ----- |
| Typhus fever..... | 1 | 1 | 2 | ----- | 3 | 11 | 15 | ----- |
| Undulant fever (brucellosis)..... | 7 | 14 | 18 | 18 | 62 | 87 | 153 | ----- |
| Whooping cough (pertussis)..... | 398 | 180 | 933 | 374 | 2,127 | 2,455 | 6,789 | 2,000 |
| Venereal diseases:..... | ----- | ----- | ----- | ----- | ----- | ----- | ----- | ----- |
| Chancroid..... | 47 | 23 | 53 | ----- | 334 | 249 | 361 | ----- |
| Gonococcus infection..... | 1,639 | 2,010 | 3,317 | 2,134 | 13,528 | 15,478 | 19,360 | 15,000 |
| Granuloma inguinale..... | 3 | 3 | 7 | ----- | 19 | 34 | 55 | ----- |
| Lymphogranuloma venereum (lymphopathia venereum, lymphogranuloma inguinale)..... | 18 | 8 | 22 | ----- | 139 | 149 | 133 | ----- |
| Syphilis..... | 1,189 | 1,297 | 1,984 | 1,988 | 8,992 | 10,385 | 13,941 | 14,000 |

Need for Nurses Great

At least 40,000 nurses in addition to the 285,000 now employed in the United States are needed at the present time.

New hospital facilities to be constructed within the next five years will add another 40,000 to the total needed, according to a nationwide survey made by the Federal Security Administration.

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